YEAR END SUMMARY OF STATISTICS
FOR TREATMENT, REHABILITATION, AND OUTPATIENT CLIENTS
OF THE ALCOHOLISM AND DRUG DEPENDENCY COMMISSION
APRIL 1986 - MARCH 1987

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ALCOHOLISM AND DRUG DEPENDENCY COMMISSION
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EXECUTIVE SUMMARY

Total admissions to the Commission's inpatient treatment facilities this year were up slightly from the number reported last year. Male admissions were up 3% and female admissions were up approximately 5%.

Tracadie, Campbellton, and Edmundston Treatment Centers all saw decreases in their total admissions in 1986-87, while Newcastle, Victoria, Moncton, and Ridgewood Treatment Centers reported increases. Tracadie Treatment centre showed the greatest decrease in admissions - a 10.4% decrease overall for the year, resulting from the 23% decrease in female admissions to the centre. Newcastle Treatment saw the greatest increase in admissions, up 20% over the previous year.

The male/female ratio in treatment centers has remained constant over the past few years, with approximately 15% of total admissions being female.

Admissions to Campbellton Rehab continued to decrease. Last year (1985-86) admissions were down 6.5% from the previous year (1984-85). This past year (1986-87) admissions dropped a further 3.5%. Admissions to Ridgewood Rehab were unchanged.

Lonewater Farm experienced a slight increase in admissions after the 28% drop in admissions between 1984-85 and 1985-86.

Data reported for 1985-86 revealed an overall drop of 11% in outpatient admissions from the 1984-85 report. This past year (1986-87) outpatient admissions dropped a further 8%.

Within all three catagories of clients, alcohol remained the most popular drug of abuse: 73% of the treatment group; 55% of the rehab group; and 65% of the outpatient group reported that the substance that they abused was alcohol.

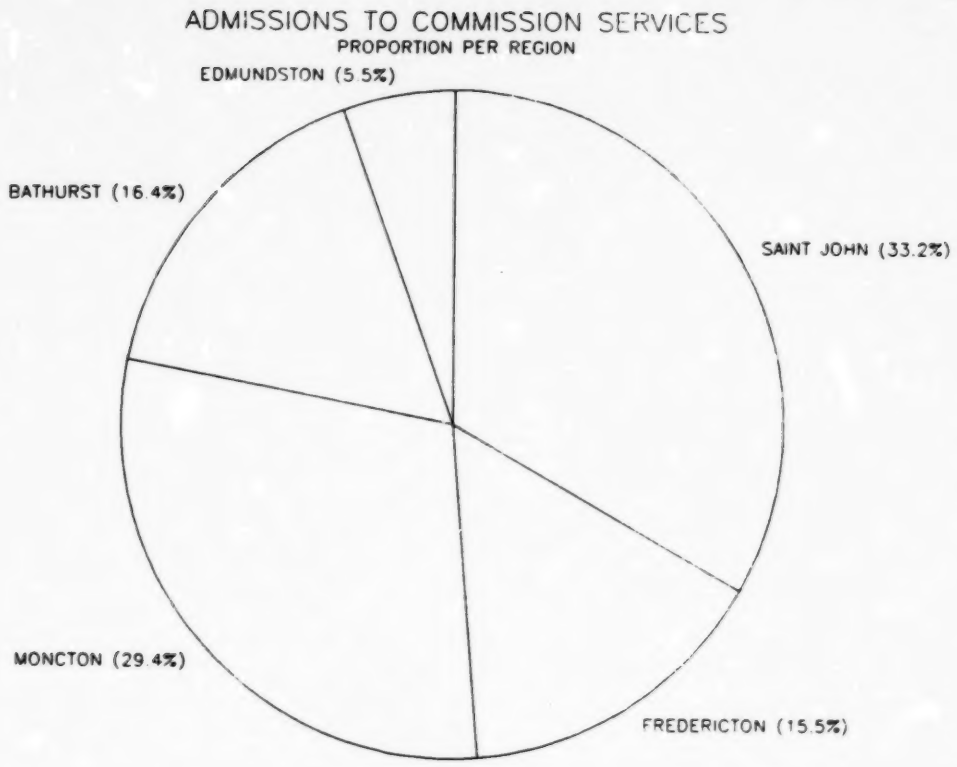
Client profile data show that 59% of treatment clients completed treatment; 83% of rehab clients completed their program; and outpatient clients had a completion rate of only 26%.

The trend toward younger clientele using Commission facilities appears to have leveled off over the past two years. Also the proportion of admissions to inpatient facilities of persons under the age of 18 dropped in 1986-87 to 1.3% from 2.2% in 1985-86.

Community resource network data show that a large proportion of Commission clientele consider themselves to be self-referrals. The resource person that clients were most likely to have been in contact with in the month prior to admission was a physician. Following completion of a treatment or rehab program, inpatient clients received an average of two referrals out to other resources in the network. Outpatient clients received one referral, on average, and that was usually to A.A.

Included in the Year End Summary for the first time is an over view of Community Services activities. Provincially, community Services workers reported making 7100 service contacts, resulting in them being seen by over forty thousand individuals.

PROVINCIAL OVERVIEW
1986-87



ADMISSIONS TO COMMISSION FACILITIES BY REGION

REGION	TREATMENT	REHAB	LONG TERM	O.P.D.	TOTALS
SAINT JOHN	1117	306	140	444	2007
FREDERICTON	711			223	934
MONCTON	1539			239	1778
BATHURST	734	139		119	992
EDMUNDSTON	305			29	334
TOTALS	4406	445	140	1054	6045

STATISTICAL SUMMARY: REHABILITATION AND TREATMENT PROGRAMS - 1986-87

CENTERS	BEDS		ADMISSIONS			PATIENT DAYS			AVERAGE STAY		OCCUPANCY RATE	
	MALE	FEMALE	MALE	FEMALE	M.D.	MALE	FEMALE	M.D.	MALE	FEMALE	MALE	FEMALE
REHABILITATION												
CAMPBELLTON R	12	2	120	13	6	2490	250	139	20.8	19.2	61.9%	37.3%
RIDGEWOOD R	30		255	40	11	5761	798	277	22.6	20.0	76.7%	
TOTAL	44		375	53	17	8251	1048	416				
LONG TERM CARE												
LONEWATER F	46		140			11575			82.7		71.5%	
TREATMENT												
CAMPBELLTON T	4	2	273	45	20	1815	400	154	6.6	8.9	96.0%	54.8%
VICTORIA T	16	4	588	94	29	3583	506	135	6.1	5.4	61.4%	34.7%
MONCTON T	16	4	809	177	28	5197	1344	162	6.4	7.6	94.8%	96.0%
NEWCASTLE T	10	5	460	33	32	2416	203	144	5.3	6.2	81.1%	15.5%
RIDGEWOOD T	16	4	935	160	22	5912	1123	176	6.3	7.0	101.2%	76.9%
TRACADIE T	6	4	302	79	15	1805	421	63	6.0	5.3	82.4%	28.8%
EDMUNDSTON T	8	4	228	71	6	1837	550	41	8.1	7.7	62.9%	37.7%
TOTAL	78	22	3595	659	152	22565	4547	875				
Prov. Treatment Averages:									6.4	6.9	82.8%	49.2%

INPATIENT SERVICES

PROVINCIAL AND REGIONAL SUMMARIES

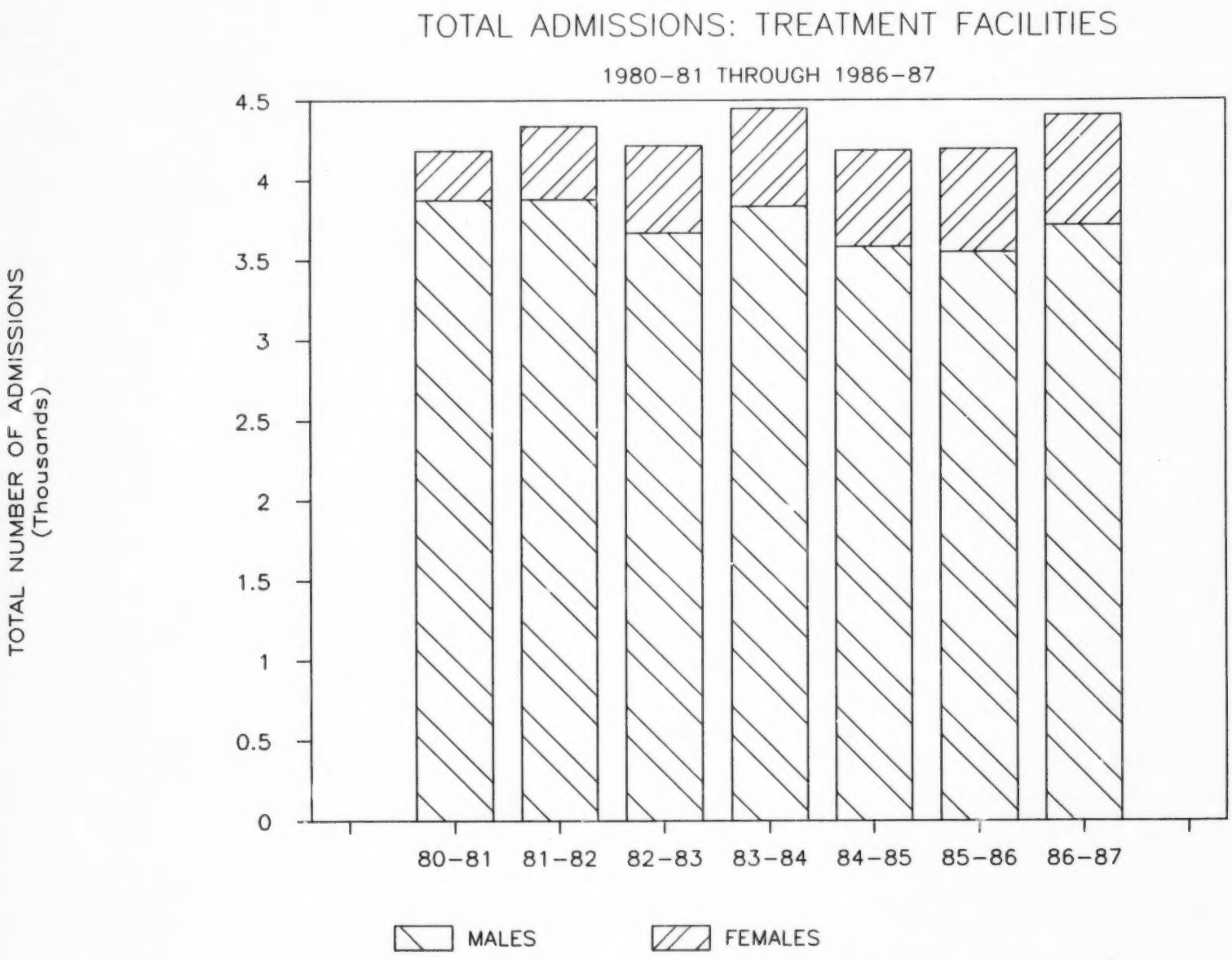
COMPARISON OF 1985-86 TO 1986-87 DATA

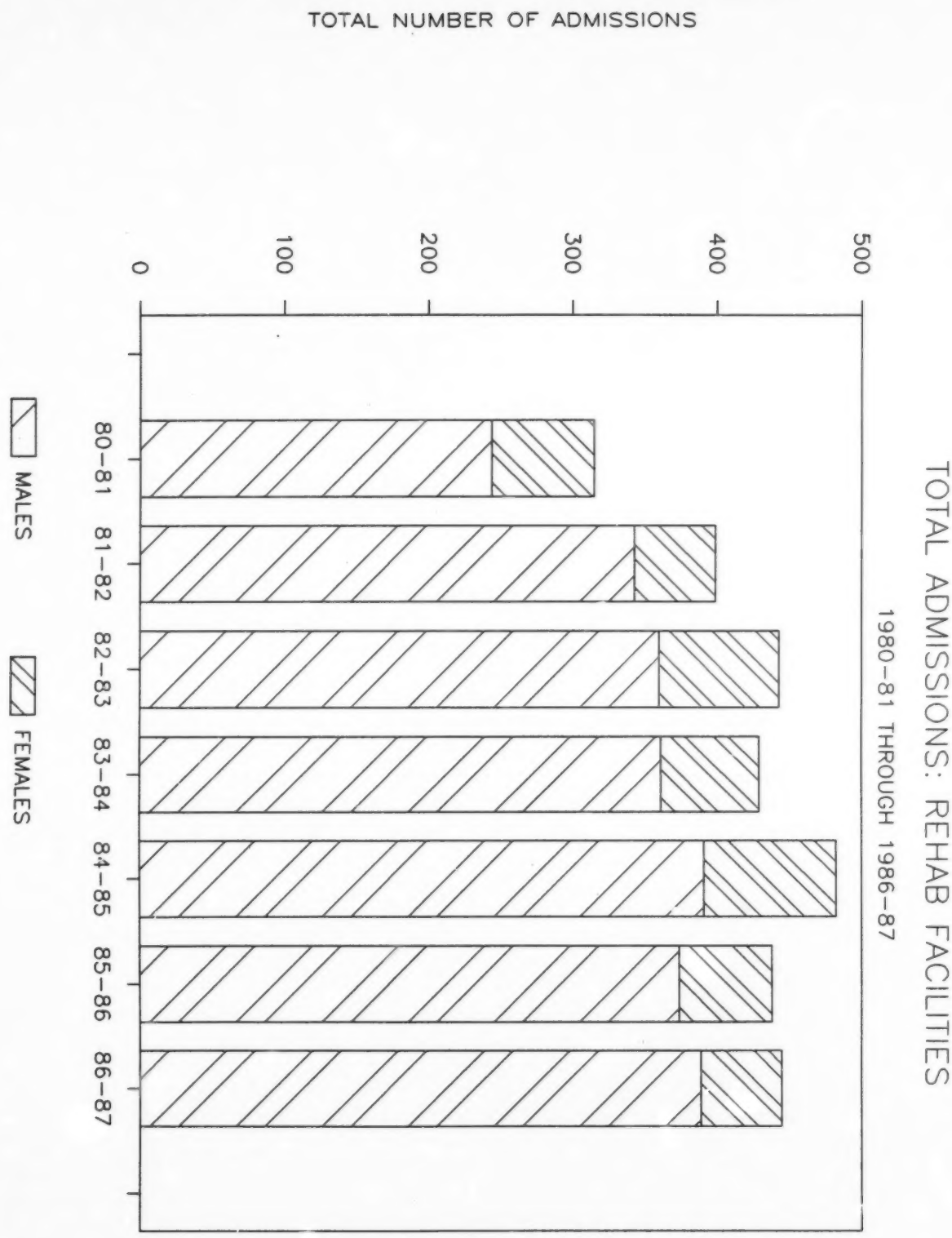
COMPARISON OF 1985-86 TO 1986-87 DATA

ALL PROVINCIAL TREATMENT CENTERS

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STA	
	M	F	M	F	M	F	M	F
85-86	3603	643	21022	4428	73.8%	55.1%	5.8	6.9
86-87	3719	687	23301	4686	89.4%	50.3%	6.3	6.8
CHANGE	3.2%	6.8%	10.8%	5.8%	21.1%	-8.8%	7.4%	-1.0%

Occupancy rate for Males is up due to a reduction in total number of male beds.
Occupancy rate for Females is down due to an increase in total number of female beds.


TOTAL ADMISSIONS: TREATMENT FACILITIES
1980-81 THROUGH 1986-87
TOTAL NUMBER OF ADMISSIONS
(Thousands)
4.5
4
3.5
3
2.5
2
1.5
1
0.5
0
80-81
81-82
82-83
83-84
84-85
85-86
86-87
MALES
FEMALES


TOTAL ADMISSIONS: REHAB FACILITIES
1980-81 THROUGH 1986-87
TOTAL NUMBER OF ADMISSIONS
0
100
200
300
400
500
80-81
81-82
82-83
83-84
84-85
85-86
86-87
MALES
FEMALES

COMPARISON OF 1985-86 TO 1986-87 DATA

FREDERICTON REGION

CENTER : VICTORIA TREATMENT

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	566	86	3336	489	57.1%	33.5%	5.9	5.7
86-87	612	99	3702	522	63.4%	35.8%	6.0	5.3
CHANGE	8.1%	15.1%	11.0%	6.7%	11.0%	6.7%	2.6%	-7.3%

COMPARISON OF 1985-86 TO 1986-87 DATA

EDMUNDSTON REGION

CENTER : EDMUNDSTON TREATMENT

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	250	63	1672	435	57.3%	29.8%	6.7	6.9
86-87	233	72	1869	559	64.0%	38.3%	8.0	7.8
CHANGE	-6.8%	14.3%	11.8%	28.5%	11.8%	28.5%	19.9%	12.4%

COMPARISON OF 1985-86 TO 1986-87 DATA

MONCTON REGION

CENTER : NEWCASTLE TREATMENT

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	438		2187		49.9%		5.0	
86-87	488	37	2548	215	85.5%	16.4%	5.2	5.8
CHANGE	11.4%		16.5%		71.2%		4.6%	

CENTER : MONCTON TREATMENT

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	775	167	4703	1290	85.8%	92.1%	6.1	7.7
86-87	831	183	5325	1378	91.2%	94.4%	6.4	7.5
CHANGE	7.2%	9.6%	13.2%	6.8%	6.3%	2.5%	5.6%	-2.5%

COMPARISON OF 1985-86 TO 1986-87 DATA

BATHURST REGION

CENTER : TRACADIE TREATMENT

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	334	108	1883	568	86.0%	38.9%	5.6	5.3
86-87	313	83	1856	433	84.7%	29.7%	5.9	5.2
CHANGE	-6.3%	-23.1%	-1.4%	-23.8%	-1.4%	-23.8%	5.2%	-0.8%

CENTER : CAMPBELLTON REHAB

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	122	22	2119	332	62.5%		17.4	15.1
86-87	125	14	2616	263	73.4%		20.9	18.8
CHANGE	2.5%	-36.4%	23.5%	-20.8%	17.5%		20.5%	24.5%

CENTER : CAMPBELLTON TREATMENT

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	306	53	1772	438	121.4%	60.0%	5.8	8.3
86-87	289	49	1941	428	132.9%	58.6%	6.7	8.7
CHANGE	-5.6%	-7.5%	9.5%	-2.3%	9.5%	-2.3%	16.0%	5.7%

COMPARISON OF 1985-86 TO 1986-87 DATA

SAINT JOHN REGION

CENTER : RIDGEWOOD TREATMENT

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	934	166	5469	1208	93.6%	82.7%	5.9	7.3
86-87	953	164	6060	1151	103.8%	78.8%	6.4	7.0
CHANGE	2.0%	-1.2%	10.8%	-4.7%	10.8%	-4.7%	8.6%	-3.6%

CENTER : RIDGEWOOD REHAB

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	264	44	5970	909	77.2%		22.6	20.7
86-87	264	42	6008	828	76.7%		22.8	19.7
CHANGE	0.0%	-4.5%	0.6%	-8.9%	-0.6%		0.6%	-4.6%

CENTER : LONEWATER FARM

YEAR	ADMISSIONS		PATIENT DAYS		OCCUPANCY RATE		AVERAGE STAY	
	M	F	M	F	M	F	M	F
85-86	136		12010		71.5%		88.3	
86-87	140		11575		68.9%		82.7	
CHANGE	2.9%		-3.6%		-3.6%		-6.4%	

OUTPATIENT REPORT

The total number of admissions to the Commission's Outpatient department dropped again in 1986-87. Admissions to the outpatient department during 1985-86 were down 11.3% from the previous year. Admissions in 1986-87 dropped another 8%.

There were substantial drops in the numbers of cases opened in Bathurst, Campbellton, Saint John, and St. Stephen. Fredericton and Moncton Outpatient departments reported increases in admissions over the previous year.

Client Service Records for 1986-87 indicated that the principal types of services provided by O.P.D. staff were of a "counselling" or "inpatient" nature. The primary target of service was the client.

Counsellors reported 13,654 hours of direct service delivery during 1986-87, up from the 10,583 hours reported in 1985-86.

STATISTICAL SUMMARY: OUT-PATIENT DEPARTMENT - 1986-87

LOCATION	NO. OF COUNSELLORS	CASES OPENED	CASES CLOSED	ASSESSMENT/ CONSULTATIONS
BATHURST	1	34	47	11
CAMPBELLTON	1	65	50	18
EDMUNDSTON	1	25	26	44
FREDERICTON	3	182	128	35
MONCTON	2	206	132	6
NEWCASTLE	1	30	42	0
SAINT JOHN	5	394	315	204
ST STEPHEN	1	35	13	0
WOODSTOCK (SATELLITE)		41	34	12
SUSSEX (SATELLITE)		15	14	0
TRACADIE	1	20	16	7
ST.QUENTIN (SATELLITE)		4	2	1
BUCTOUCHE (SATELLITE)		3	0	0
TOTALS	16	1054	819	338

COMPARISON OF YEAR END TOTALS
OUTPATIENT DEPARTMENT: 1985-86 TO 1986-87

	CASES OPENED		CASES CLOSED		ASSESSMENT	
YEAR	Female	Male	Female	Male	Female	Male
1985-86	238	907	138	500	21	269
1986-87	204	850	160	659	45	293
CHANGE	-14.3%	-6.3%	15.9%	31.8%	114.3%	8.9%

CLIENT SERVICE RECORD SUMMARY

PROVINCIAL TOTALS - 1986-87

TARGET OF SERVICE:

CLIENT	11256	64.8%
HOSPITAL	86	0.5%
SCHOOL	142	0.8%
PHYSICIAN	48	0.3%
UNION	19	0.1%
JUSTICE AGENCY	581	3.4%
FAMILY MEMBER	854	4.9%
COMMUNITY GP	24	0.1%
EMPLOYER	330	1.9%
CLERGY	11	0.1%
SOCIAL AGENCY	727	4.2%
SELF HELP GP	62	0.4%
OTHER	3219	18.5%
TOTAL	17359	100.0%

HOURS OF SERVICE PROVIDED: 13654

TYPE OF SERVICES PROVIDED:

ADMINISTRATION	45	0.3%
SCHOOL PROGRAM	66	0.4%
IN-PATIENT	3672	21.2%
ASSESS/CONSULT	729	4.2%
S.H.I.P.	80	0.5%
O.P. COUNSELLING	9482	54.6%
INTER-AGENCY	246	1.4%
E.A.P.	547	3.2%
PUBLIC EDUCATION	420	2.4%
OTHER AGENCY	228	1.3%
OTHER	1844	10.6%
TOTAL	17359	100.0%

A COMPARISON OF YEAR END PROFILE DATA FOR OUTPATIENT, TREATMENT, AND REHAB ADMISSIONS APRIL 1985 - MARCH 1986

For comparison purposes, profiles of each of the Commission's three client groups, O.P.D., Treatment, and Rehab, are presented in the following tables.

The male-female ratio has remained approximately the same over the past few years in the treatment program (around 15%). However, the proportion of females admitted to the Rehab programs has been declining. In 1984-85, 18.5% of admissions to rehab programs were female; in 1985-86, 14.6% were female; and in 1986-87 only 12.4% of rehab admissions were female. The proportion of females admitted to the outpatient department (19.4%) was higher than that of the treatment or rehab departments.

More rehab and outpatient clients reported being single than did treatment clients. This may be due to the fact that rehab and outpatient clients tended to be younger than treatment clients. Treatment clients were also more likely to be divorced than were the other clients.

Forty-five percent (45%) of treatment clients reported being under the age of 40, while 67% of the rehab clients and 66% of the outpatient clients made the same report.

Outpatient and rehab clients were better educated than were the treatment clients. Fifty-four per cent (54%) of the treatment population reported that they had less than a grade 10 education.

English speaking clients tended to be over represented among the outpatient clientele.

One third (33%) of both the O.P.D. and rehab client groups reported that a job was their major means of financial support, while only 23% of the treatment clients made the same report. Thirty-nine per cent (39%) of the treatment population, 29% of the rehab population, and 29% of the outpatient population reported that public assistance was their major means of financial support.

Within all three catagories of clients, alcohol was the most popularly abused drug: 73% of the treatment group; 55% of the rehab group, and 65% of the outpatient group reported that the substance that they abused was "alcohol only". A breakdown of this variable by sex is of interest and is presented in a separate section of this report.

Fifty-nine (59%) of treatment clients "completed treatment" as reported by the "reason for separation" variable. Thirty-five per cent (35%) left the treatment facility before staff felt that treatment was completed.

Among the rehab clients, 83% completed their rehab program. This high completion rated is probably due to the screening of rehab clients that occurs prior to admission to the programs.

Outpatient clients had a relatively low treatment completion rate of 26%. This rate is probably related to the nature of the outpatient situation where the counsellor's definition of "treatment completed" may be different than that of the client.

Data collected in the "community resource network" section of the C.Q. provides us with an indication of the amount of contact our clientele has had with other community resources prior to admission to Commission facilities, as well as telling us where our clients are referred out to after their treatment is completed.

A large portion of our treatment clientele (48%) continue to consider themselves to be "self referrals". The family is the next largest source of referrals to treatments centers (12%), followed by O.P.D. (7%), A.A. (7%), and physicians (5%).

Fifty-five per cent (55%) of the rehab group were referred to rehab by outpatient counsellors; 10% were parole referrals, and 9% were employer/E.A.P. referrals.

The treatment centers were the major sources of referrals to the outpatient department (24%). Self-referrals also made up a large proportion of referrals to the outpatient department (14%).

In the month prior to admission to a treatment program, clients reported having had an average of 2.3 contacts with resources listed in the network. The person that they were most likely to be in contact with prior to admission was a physician. They were also quite likely to have been in contact with A.A., a treatment centre, or a general hospital in that month prior to admission.

Rehab clients averaged 4.9 contacts in the month prior to admission. As would be expected, they were most likely to have been in contact with an O.P.D. counsellor, A.A., a treatment centre, and/or a physician.

Outpatient clients were most likely to have been in contact with a treatment centre, O.P.D., a physician, Social Services, or A.A. in the month prior to admission to that department.

Following completion of a treatment or rehab program, clients received an average of two referrals out for other services. Treatment clients were most likely to receive a referral to A.A. and/or O.P.D. Rehab clients were most likely to be referred to O.P.D. and/or A.A. Outpatient clients received, on average, only one referral and it was most likely to be a referral to A.A.

COMPARISON OF YEAR END PROFILE DATA: O.P.D., TREATMENT, & REHAB
APRIL 1986 - MARCH 1987

VARIABLES		TREATMENT	REHAB	O.P.D.
NO. OF CLIENTS		4246	452	1054
SEX:	MALE	84.3%	87.6%	80.6%
	FEMALE	15.7%	12.4%	19.4%
MARITAL STATUS:	SINGLE	36.3%	40.7%	39.4%
	MARRIED	25.7%	23.8%	28.7%
	DIVORCED	14.7%	11.5%	11.3%
	SEPARATED	14.2%	15.7%	11.8%
	WIDOWED	3.8%	1.9%	2.1%
	COMMON-LAW	5.3%	6.5%	6.7%
LANGUAGE:	ENGLISH	63.4%	70.8%	80.4%
	FRENCH	32.9%	28.0%	18.5%
	OTHER	3.7%	1.2%	1.1%
AGE:	UNDER 18	1.3%	0.7%	5.8%
	19-29	17.2%	35.5%	29.2%
	30-39	26.6%	31.1%	30.6%
	40-49	27.0%	20.3%	20.0%
	50-59	16.4%	8.9%	10.1%
	60-65	4.9%	2.8%	3.0%
	OVER 65	6.6%	0.7%	1.3%
EDUCATION:	0-6 YRS	18.8%	9.6%	6.8%
	7-9YRS	35.4%	27.3%	28.7%
	10-12 YRS	36.9%	50.0%	50.5%
	VOCATIONAL/TECHNICAL	2.5%	3.3%	5.2%
	1-4 YRS UNIV	2.9%	4.9%	3.6%
	UNIVERSITY DEGREE	2.2%	2.6%	3.9%
	GRAD SCHOOL	0.4%	1.2%	0.9%
	OTHER	0.8%	0.9%	0.5%
SOURCE OF INCOME:	JOB	22.8%	33.2%	33.4%
	SPOUSE	1.9%	1.4%	3.6%
	FAMILY	2.5%	2.8%	8.0%
	FRIENDS	0.3%	0.0%	0.0%
	PUBLIC ASST	38.6%	29.2%	29.3%
	UIC	17.3%	18.7%	13.6%
	PENSION	9.4%	3.0%	4.3%
	OTHER	2.3%	2.8%	2.6%
	NONE	5.0%	8.9%	5.3%

VARIABLES		TREATMENT	REHAB	O.P.D
SUBSTANCE ABUSED:	STREET DRUGS ONLY	4.6%	4.2%	12.6%
	Rx DRUGS ONLY	3.8%	2.1%	3.2%
	Rx/STREET DRUGS	0.3%	0.7%	0.7%
	ALCOHOL ONLY	73.4%	54.7%	64.6%
	ALCOHOL/STREET DRUGS	7.8%	22.4%	10.1%
	ALCOHOL/Rx DRUGS	7.9%	9.8%	4.6%
	ALL THREE	2.2%	6.1%	4.3%
REASON FOR SEPARATION:	TREATMENT ENDED	59.0%	83.4%	26.2%
	ENDED BY STAFF	1.4%	3.0%	21.0%
	ENDED BY CLIENT	34.7%	12.2%	27.7%
	CLIENT TRANSFER	5.0%	1.4%	2.8%
REFERRING AGENCY:	MENTAL HEALTH	0.5%	0.0%	1.9%
	PSYCH HOSP	0.4%	0.5%	1.2%
	PHYSICIAN	4.6%	0.9%	3.1%
	GEN HOSP	3.5%	0.5%	0.4%
	SOC SERVICES	1.0%	1.2%	9.2%
	SCHOOL COUNSELOR	0.1%	0.0%	1.2%
	SOC.AGENCY	0.8%	0.2%	1.1%
	EMPLOYER	0.7%	4.4%	4.3%
	UNION	0.1%	0.5%	0.2%
	E.A.P.	0.6%	3.7%	5.7%
	NADAP	4.0%	0.7%	0.3%
	TREATMENT CENTER	1.5%	2.3%	24.1%
	REHAB PROGRAM	0.5%	0.5%	4.3%
	O.P.D.	6.8%	54.9%	4.0%
	SELF HELP GP	0.3%	0.0%	0.3%
	A.A.	6.6%	1.2%	3.2%
	CLERGY	0.6%	0.0%	0.4%
	FAMILY	12.4%	0.5%	5.8%
	SELF	48.1%	6.3%	14.3%
	OTHER	4.5%	0.0%	1.4%
	JUSTICE FACILITY	0.3%	3.5%	4.4%
	COURT	0.4%	4.0%	3.3%
	POLICE	1.3%	0.0%	0.0%
	PROBATION	0.5%	3.0%	6.7%
	PAROLE	0.2%	10.3%	0.0%
	D.W.I. CHARGE	0.0%	0.9%	0.0%

VARIABLES		TREATMENT	REHAB	O.P.D
NO. OF CONTACTS WITH OTHER AGENCIES IN MONTH PRIOR TO ADMISSION:	MENTAL HEALTH	260	45	135
	PSYCH HOSP	272	20	71
	PHYSICIAN	1464	214	599
	GEN HOSP	918	160	145
	SOC SERVICES	405	81	365
	SCHOOL COUNSELOR	54	11	55
	OTHER AGENCY	145	18	95
	EMPLOYER	256	81	274
	UNION	57	30	38
	E.A.P. PROGRAM	128	34	211
	NADAP	194	13	3
	TREATMENT CENTRE	918	138	741
	REHAB PROGRAM	209	30	197
	O.P.D.	667	296	678
	SELF HELP GP	59	19	58
	A.A.	931	243	310
	CLERGY	212	28	58
	FAMILY MEMBER	703	130	67
	SELF	154	8	10
	OTHER	97	24	21
	JUSTICE FAC.	235	74	177
	COURT	321	152	187
	POLICE	524	47	190
	PROBATION	219	135	265
	PAROLE	60	48	87
	D.W.I. CHARGE	263	92	55
	ALCO/DRUG CHARGE	229	30	75
TOTAL NO. OF CONTACTS		9954	2201	5167
AVERAGE NO. OF CONTACTS PER CLIENT		2.3	4.9	4.4

VARIABLES		TREATMENT	REHAB	O.P.D
REFERRED OUT TO:	MENTAL HEALTH	78	0	11
	PSYCH HOSP	35	2	2
	PHYSICIAN	264	13	3
	GEN HOSP	74	0	0
	SOC SERVICES	58	3	14
	SCHOOL COUNSELOR	3	0	2
	OTHER AGENCY	77	3	9
	EMPLOYER	16	3	0
	UNION	1	0	0
	E.A.P. PROGRAM	12	5	1
	NADAP	83	6	2
	TREATMENT CENTRE	39	5	17
	REHAB PROGRAM	305	2	45
	O.P.D.	1486	345	22
	SELF HELP GP	35	4	43
	A.A.	1859	154	136
	CLERGY	24	2	1
	FAMILY MEMBER	85	0	1
	SELF	56	1	6
	OTHER	64	0	3
	JUSTICE FAC.	14	10	9
	COURT	20	6	0
	POLICE	10	0	0
	PROBATION	18	11	6
	PAROLE	6	40	4
TOTALS NO. OF REFERRALS OUT		4722	615	337
AVERAGE NO. OF REFERRALS PER CLIENT		1.9	1.7	1.1

(Only clients whose reason for separation was treatment completed)

SUBSTANCE ABUSED

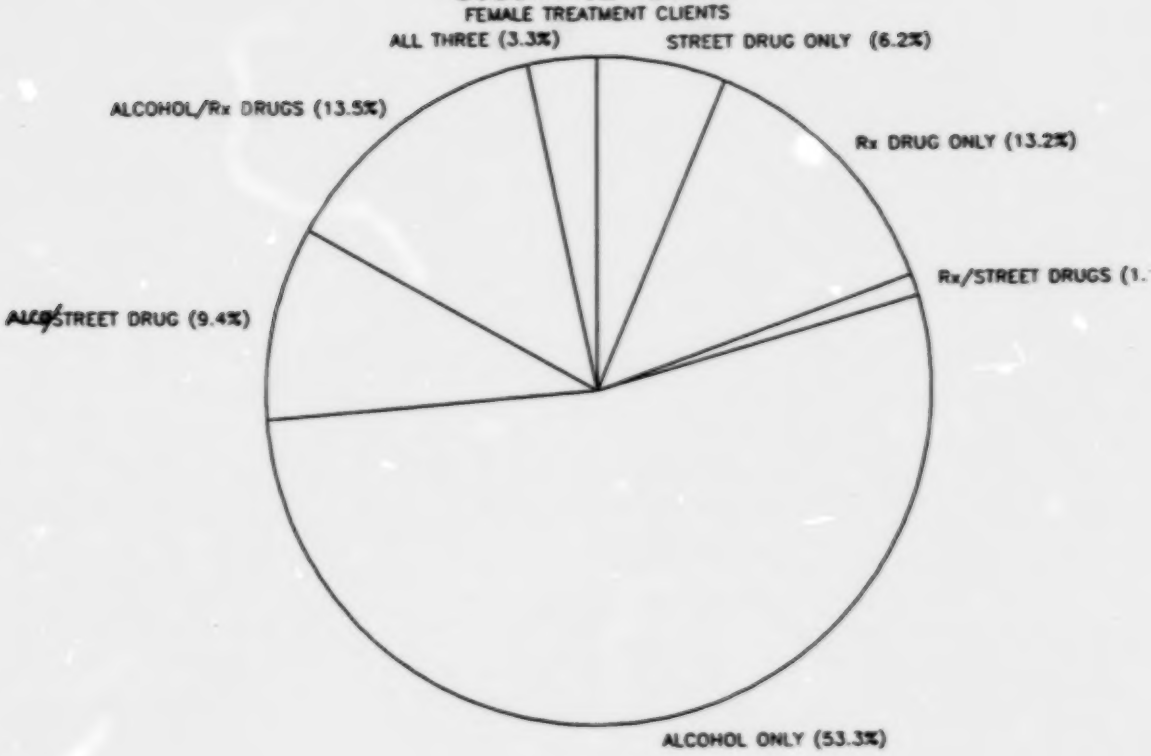
The following pie charts present the "substance abused" data by type of admission and by sex. As expected alcohol was the drug most often abused.

Male treatment admissions were the largest group of "alcohol only" abusers, with 77% of this group reporting that alcohol was the drug that they abused. Six-nine per cent (69%) of the male outpatient clientele and 59% of the male rehab clientele also reported abusing alcohol only.

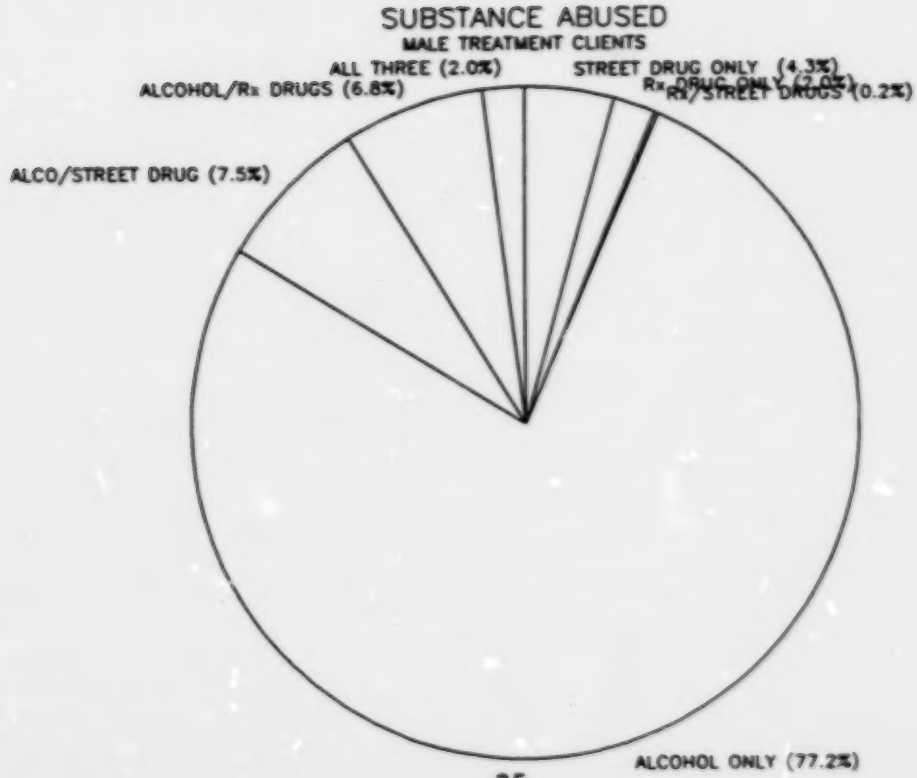
Although alcohol is also the most popularly reported substance abused by women, far smaller proportions of the female population reported using alcohol exclusively. Fifty-three per cent (53%) of the females in treatment reported using alcohol only, 43% of the females in outpatient, and only 25% of the females in rehab reported using alcohol exclusively.

Females were more likely than males to be using prescription drugs only. They were also more likely than males to be using alcohol and prescription drugs together, and to be using a combination of alcohol, prescription, and street drugs.

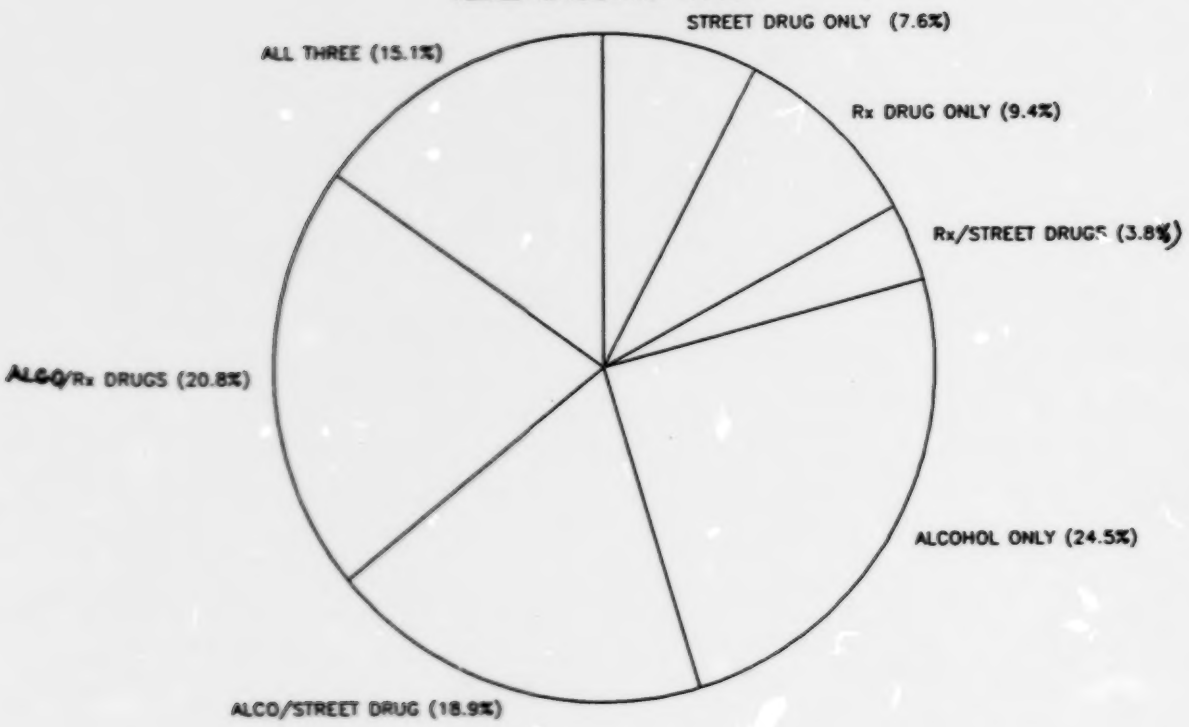
SUBSTANCE ABUSED
FEMALE TREATMENT CLIENTS



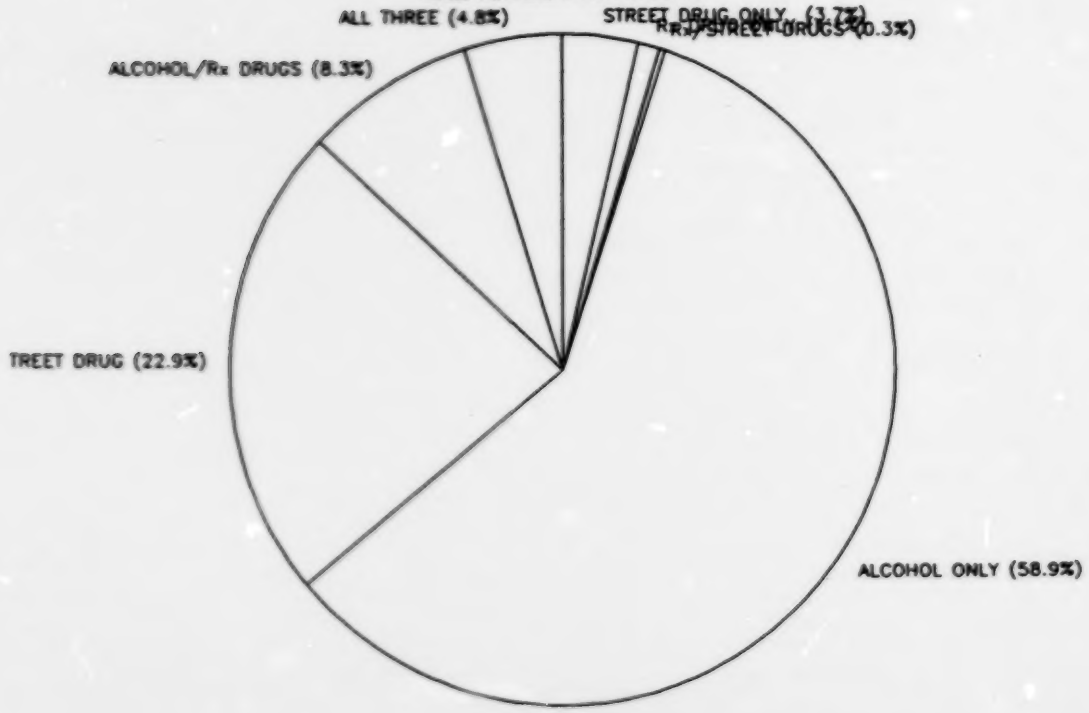
SUBSTANCE ABUSED
MALE TREATMENT CLIENTS



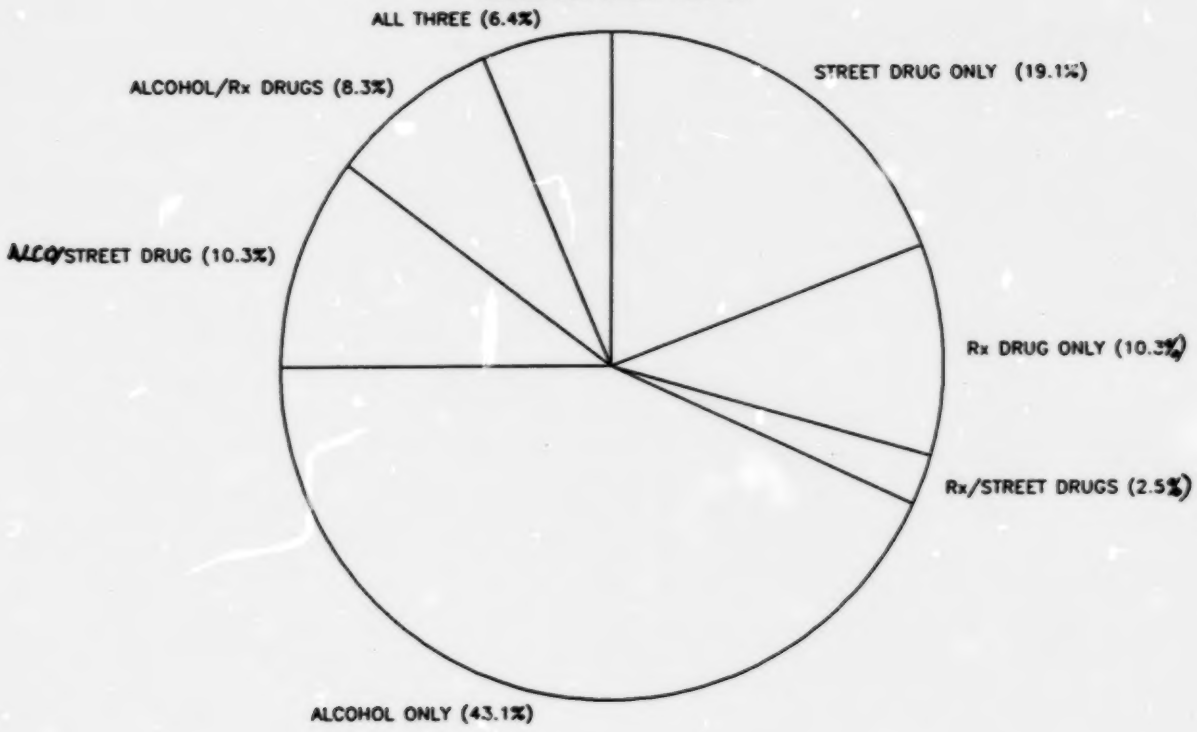
SUBSTANCE ABUSED
FEMALE REHABILITATION CLIENTS



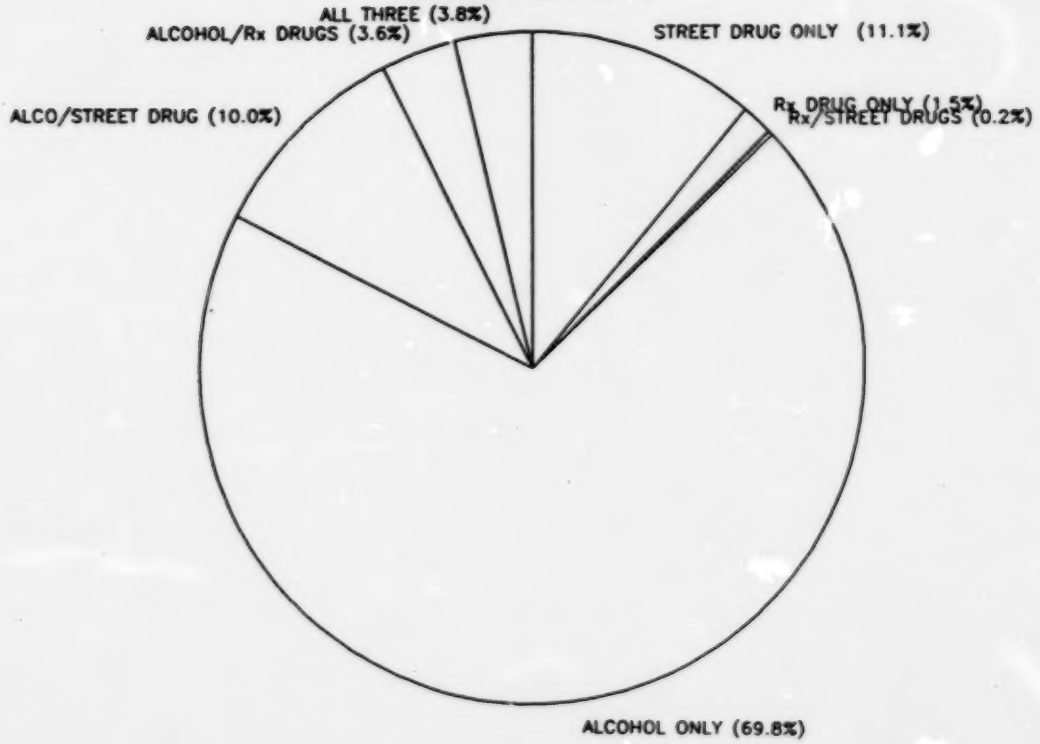
SUBSTANCE ABUSED
MALE REHABILITATION CLIENTS



SUBSTANCE ABUSED
FEMALE OUTPATIENT CLIENTS



SUBSTANCE ABUSED
MALE OUTPATIENT CLIENTS

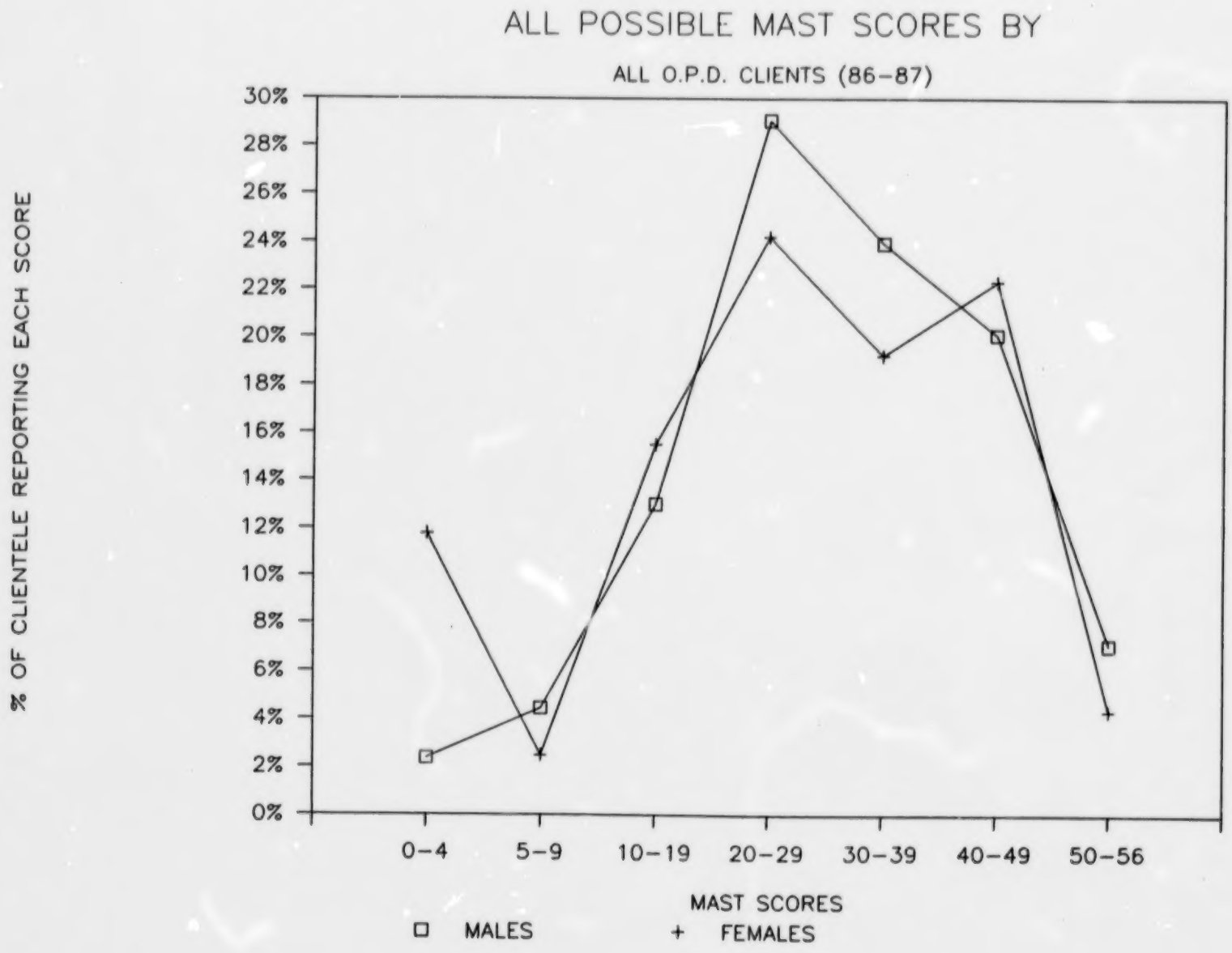


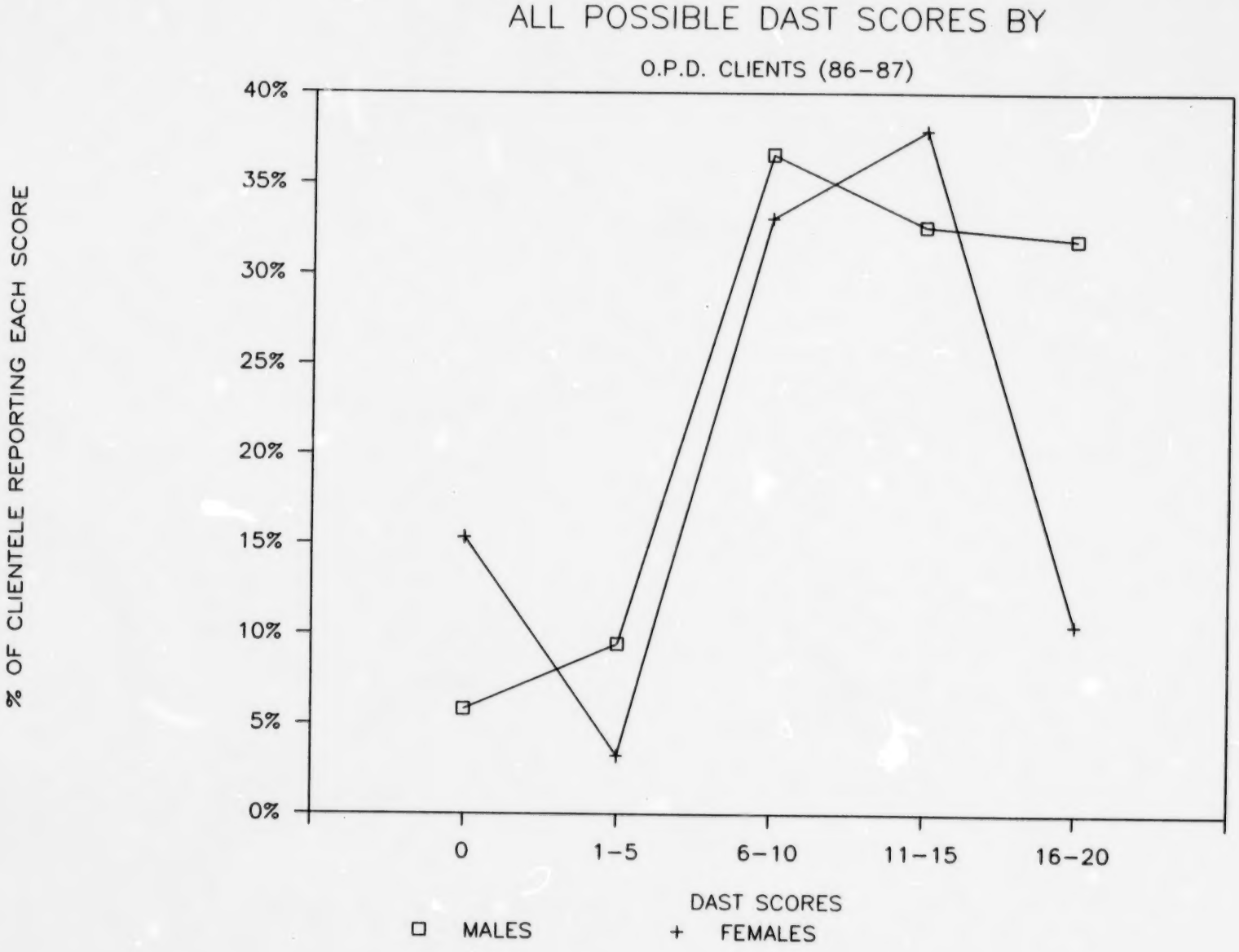
MAST AND DAST SCORES

One of the goals to be met with the help of the new client information system was the standardization of the dependency assessment. The use of the MAST and DAST became part of the assessment package used by all outpatient counsellors, and scores from these tests are reported on the client questionnaire. These data are compiled to give an overview of the severity of the problem that the client population experiences as a result of their use of alcohol or other substances.

Nine hundred and twenty-one (921) MAST, and 300 DAST tests were completed by Commission clients during 1986-87. The average MAST scores were 30 for males and 27 for females The average DAST scores were 10 for males and 9 for females.

The next two graphs present the MAST and DAST data collected over the past year. MAST scores are skewed toward the high end of the scale, indicating that most of the population has a severe alcohol problem. Sixty-four per cent (64%) of the DAST respondents scored in the "substantial" to "severe" range of drug problems.


ALL POSSIBLE MAST SCORES BY
ALL O.P.D. CLIENTS (86-87)
% OF CLIENTELE REPORTING EACH SCORE
30%
28%
26%
24%
22%
20%
18%
16%
14%
12%
10%
8%
6%
4%
2%
0%
0-4
5-9
10-19
20-29
30-39
40-49
50-56
MAST SCORES
MALES
FEMALES

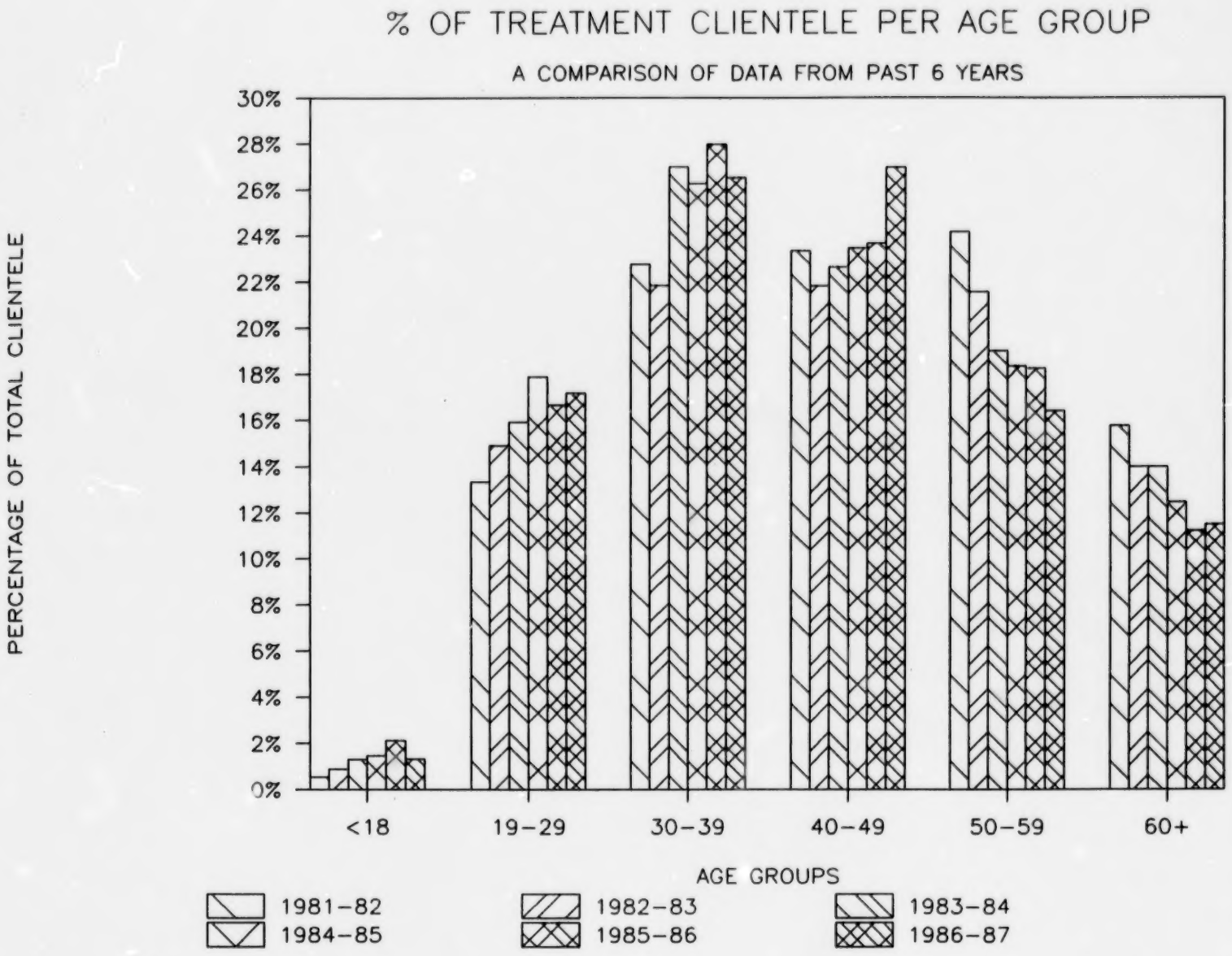

ALL POSSIBLE DAST SCORES BY
O.P.D. CLIENTS (86-87)
% OF CLIENTELE REPORTING EACH SCORE
40%
35%
30%
25%
20%
15%
10%
5%
0%
0
1-5
6-10
11-15
16-20
DAST SCORES
MALES
FEMALES

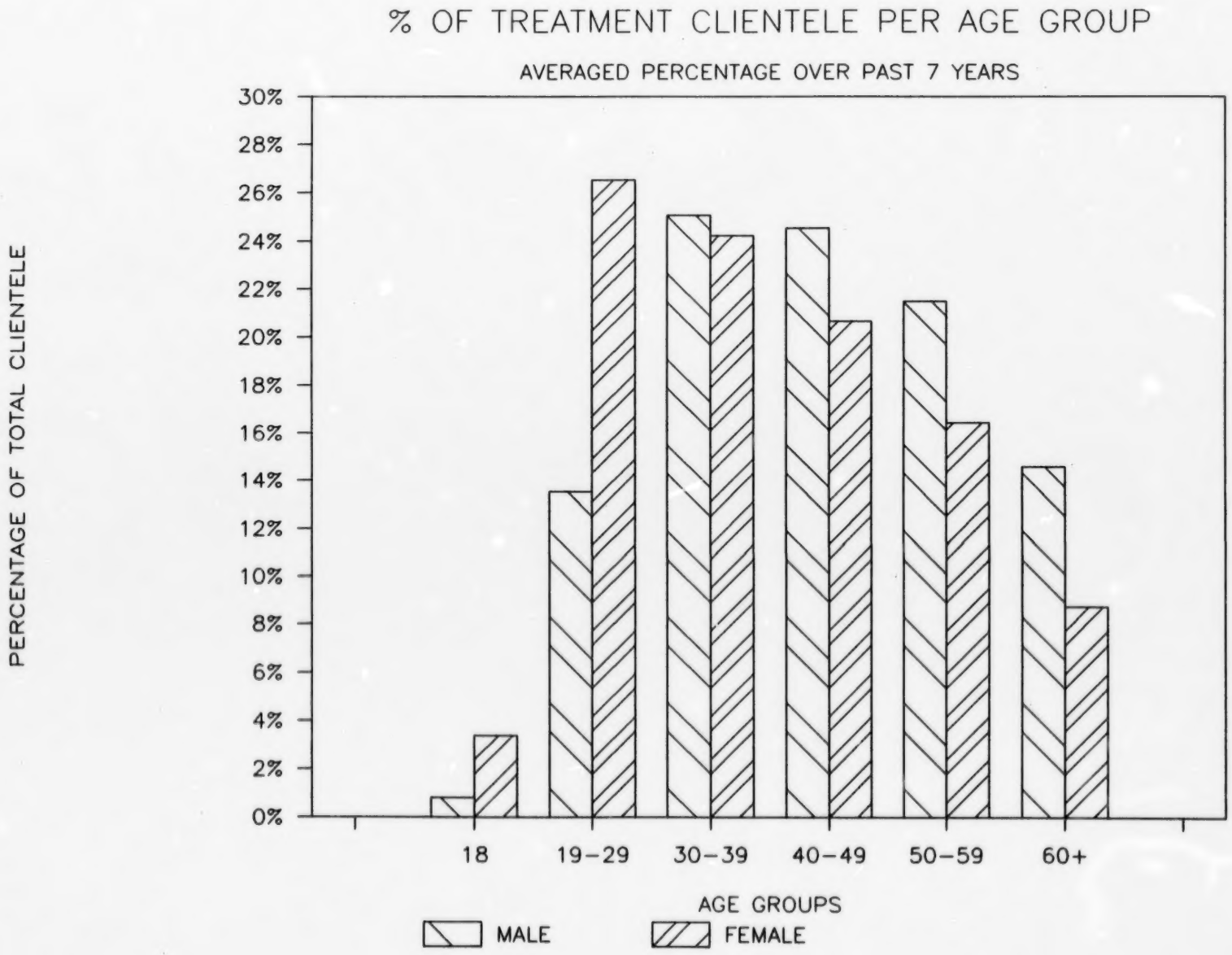
AGE TRENDS

Over the past years a trend toward younger clients entering treatment has developed. Data for 1986-87 indicate that the trend may be leveling off. The following graphs present data comparing the proportions of the client population in each age group over the past six years.

In 1980-81, 33.9% of the total inpatient population was under the age of 40. By 1985-86 clients under age 40 made up 48.7% of the population. The youngest inpatient clientele can be found among female rehab admissions, 80% of whom were under age 40. Males admitted to rehab made up the next youngest group, with 67% reporting that they were under 40. Sixty-one per cent (61%) of female treatment clients and 42% of male treatment clients were under 40 years of age.

Clients 18 years of age or younger made up only 1.3% of total inpatient admissions in 1986-87. Last year they constituted 2.2% of inpatient admissions.


% OF TREATMENT CLIENTELE PER AGE GROUP
A COMPARISON OF DATA FROM PAST 6 YEARS
PERCENTAGE OF TOTAL CLIENTELE
30%
28%
26%
24%
22%
20%
18%
16%
14%
12%
10%
8%
6%
4%
2%
0%
<18
19–29
30–39
40–49
50–59
60+
AGE GROUPS
1981–82
1982–83
1983–84
1984–85
1985–86
1986–87


% OF TREATMENT CLIENTELE PER AGE GROUP
AVERAGED PERCENTAGE OVER PAST 7 YEARS
PERCENTAGE OF TOTAL CLIENTELE
30%
28%
26%
24%
22%
20%
18%
16%
14%
12%
10%
8%
6%
4%
2%
0%
18
19-29
30-39
40-49
50-59
60+
AGE GROUPS
MALE
FEMALE

COMMUNITY SERVICES DEPARTMENT

CONTACT FORM SUMMARY

1986-87

COMMUNITY SERVICES DEPARTMENT CONTACT FORM SUMMARY - 1986-87

	FREDERICTON	MONCTON	BATHURST	SAINT JOHN	EDMUNDSTON	PROVINC
NO. OF CONTACTS REPORTED	2393	1919	712	2010	75	7109
CONTACTS MADE:						
In Person	40.8%	46.3%	38.4%	30.8%	100.0%	38.2%
By Phone	54.2%	48.6%	56.1%	58.4%	0.0%	54.4%
By Letter	5.0%	5.0%	5.5%	10.8%	0.0%	7.4%
STATUS OF CONTACT:						
Initial	44.0%	38.0%	45.1%	32.8%	73.3%	40.4%
Subsequent	56.0%	62.0%	54.9%	67.2%	26.7%	59.6%
REQUEST FOR SERVICE FROM:						
Government agency	51.6%	46.3%	58.4%	30.5%	54.7%	46.0%
Non-government agency	48.4%	53.7%	41.6%	69.5%	45.3%	54.0%
INITIATED BY:						
Teacher/Professor	7.3%	13.1%	5.7%	0.7%	9.3%	7.5%
Principal	1.0%	2.5%	2.4%	1.5%	2.7%	8.5%
Student	4.1%	4.1%	2.4%	0.5%	0.0%	3.2%
School District	1.3%	0.8%	0.3%	1.2%	1.3%	1.0%
School Counsellor	2.4%	3.3%	9.0%	1.7%	2.7%	3.9%
Employer	7.7%	3.6%	3.9%	6.2%	1.3%	4.1%
Union	0.9%	0.0%	0.3%	1.3%	1.3%	0.6%
Committee	1.7%	3.2%	6.6%	2.5%	4.0%	3.1%
Parent	2.4%	14.1%	2.4%	2.7%	0.0%	6.3%
Youth	0.0%	0.5%	0.0%	0.2%	0.0%	0.2%
General Public	5.0%	6.6%	6.6%	0.2%	0.0%	4.5%
Community Group	2.4%	6.0%	4.5%	3.7%	8.0%	4.3%
Youth Group	0.3%	0.2%	0.0%	0.5%	0.0%	0.3%
Police/RCMP	2.6%	0.2%	4.2%	0.3%	1.3%	1.5%
Probation/ Parole	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Other Judicial Personnel	2.0%	0.5%	3.9%	0.7%	0.0%	1.4%
Dept. Of Education	0.7%	0.1%	0.3%	0.8%	0.0%	0.5%
Dept. of Transportation	0.6%	0.2%	0.0%	0.2%	0.0%	0.3%
Health & Community Services	1.6%	3.5%	8.1%	4.7%	6.7%	3.9%
Media	1.1%	1.8%	0.6%	0.0%	0.0%	1.0%
Medical Personnel	1.9%	1.3%	3.0%	1.7%	0.0%	1.7%
Other Community Agencies	1.0%	2.0%	1.8%	17.5%	14.7%	5.7%
Services Clubs	3.3%	0.4%	1.8%	2.0%	0.0%	1.7%
Other Gov't Depts	5.3%	0.7%	1.2%	5.9%	1.3%	3.3%
Federal Gov't	2.9%	0.7%	0.3%	4.5%	0.0%	2.1%
Other Provincial Dep. Comm.	1.4%	0.0%	0.6%	2.2%	1.3%	1.0%
ADDC NB	39.1%	31.0%	30.2%	36.6%	44.0%	35.0%

COMMUNITY SERVICES DEPARTMENT CONTACT FORM SUMMARY - 1986-87

	FREDERICTON	MONCTON	BATHURST	SAINT JOHN	EDMUNDSTON	PROVINCIAL
TARGET OF SERVICE:						
Teacher/Professor	3.6%	4.5%	2.3%	1.3%	0.0%	3.1%
Principal	0.3%	0.8%	3.2%	0.3%	0.0%	0.9%
Student	10.2%	31.2%	15.1%	3.2%	19.2%	16.6%
School District	1.0%	1.3%	0.9%	3.0%	2.7%	1.6%
School Counsellor	1.3%	0.8%	2.0%	0.7%	1.4%	1.1%
Employer	2.1%	1.3%	0.9%	12.1%	2.7%	4.0%
Union	2.2%	0.2%	0.0%	2.9%	2.7%	1.4%
Committee	10.3%	2.0%	8.7%	3.7%	1.4%	5.5%
Parent	2.2%	15.4%	5.5%	1.0%	0.0%	6.8%
Youth	4.3%	8.5%	5.5%	2.5%	0.0%	5.4%
General Public	11.4%	11.6%	19.8%	5.4%	23.3%	11.5%
Community Group	3.6%	5.7%	9.6%	36.4%	13.7%	13.1%
Youth Group	0.4%	0.8%	0.0%	0.5%	4.1%	0.6%
Police/RCMP	2.8%	0.1%	1.7%	0.2%	2.7%	1.1%
Probation/ Parole	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Other Judicial Personnel	5.4%	0.3%	1.2%	0.8%	2.7%	2.0%
Dept. Of Education	0.7%	0.3%	0.9%	0.5%	1.4%	0.6%
Dept. of Transportation	1.6%	0.2%	0.3%	0.2%	0.0%	0.6%
Health & Community Services	2.8%	2.5%	4.9%	2.9%	2.7%	3.0%
Media	1.0%	4.9%	0.3%	0.2%	0.0%	2.0%
Medical Personnel	2.4%	2.1%	2.6%	0.5%	4.1%	1.9%
Other Community Agencies	2.2%	3.0%	1.7%	14.8%	8.2%	5.6%
Services Clubs	2.5%	0.2%	0.3%	1.2%	0.0%	1.1%
Other Gov't Depts	4.5%	0.1%	0.6%	2.0%	0.0%	1.8%
Federal Gov't	1.8%	0.1%	1.7%	0.8%	0.0%	0.9%
Other Provincial Dep. Comm.	0.9%	0.0%	1.7%	0.7%	0.0%	0.6%
ADDC NB	17.8%	2.0%	8.4%	2.0%	6.8%	7.2%
TYPE OF SERVICE:						
Presentations	9.8%	10.9%	12.5%	6.0%	32.0%	10.3%
Workshop	6.5%	3.8%	2.9%	9.9%	4.0%	5.8%
Program Development	19.3%	18.5%	19.2%	26.3%	8.0%	20.3%
Information	42.0%	34.2%	42.2%	35.9%	30.7%	37.7%
Consultation	3.6%	7.8%	8.4%	15.1%	1.3%	8.2%
Intervention	6.1%	14.2%	3.5%	1.8%	1.3%	7.3%
Assessment	2.1%	0.3%	1.5%	0.3%	0.0%	1.0%
Meeting	8.8%	8.6%	7.0%	3.0%	22.7%	7.5%
Correspondence	1.7%	1.7%	2.9%	1.7%	0.0%	1.8%
PROGRAM AREA:						
Education and Prevention	62.6%	85.7%	74.4%	14.4%	57.3%	60.6%
Employee Assistance	23.2%	7.9%	9.9%	21.9%	20.0%	15.9%
Judicial Intervention	10.2%	3.5%	4.7%	0.8%	2.7%	4.8%
Special Groups	1.3%	2.6%	7.3%	60.8%	14.7%	16.7%
S.H.I.P.	2.7%	0.2%	3.8%	2.2%	5.3%	2.0%
NO. OF PARTICIPANTS	11797	15506	3739	8266	1139	40447
PERCENTAGE OF TOTAL	29.2%	38.3%	9.2%	20.4%	2.8%	100.0%